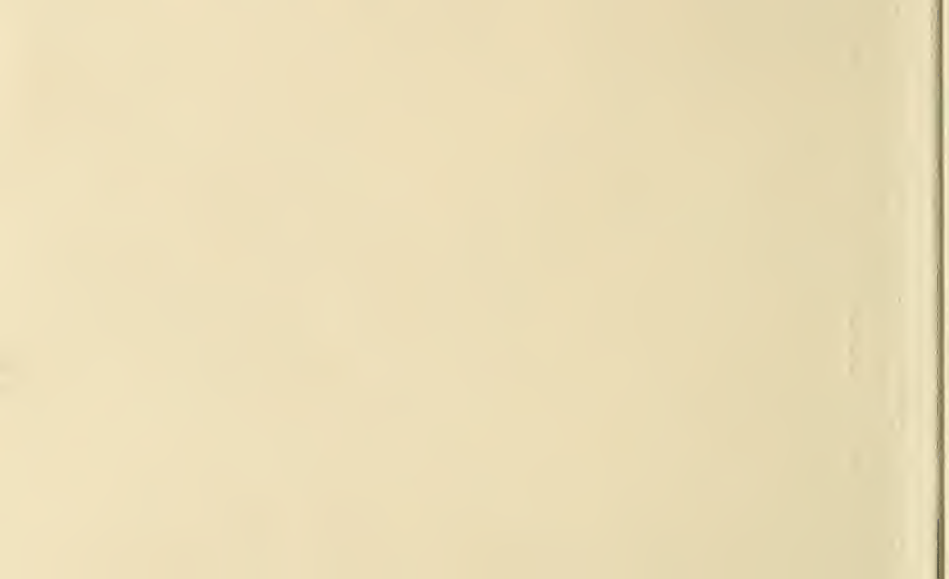


Historic, Archive Document

Do not assume content reflects current scientific knowledge, policies, or practices.



CONSUMER TIPS Point Buying No.4: Red Stamp Table for Ounces

HOW TO USE THE POINT TABLE OF OUNCES IN SHOPPING

1. Use Table when weight of what you buy is not an even pound
2. In top line of figures find the "points/pound" column for your food: pound points for each food are posted in stores
3. Find number of ounces wanted in extreme left hand column.
4. Move finger to right along ounces line to pound column for your food: this gives the points per ounce value.
5. Grocer can return "point change" for ounces.

OUNCE VALUES UNDER POINT VALUES FOR DIFFERENT FOODS

Points Per Pound	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Points Per Ounce	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--
1 ounce-----:	0	0	0	0	0	0	0	1	1	1	1	1	1	1	1
2 ounces-----:	0	0	0	1	1	1	1	1	1	1	1	2	2	2	2
3 ounces-----:	0	0	1	1	1	1	1	2	2	2	2	2	2	3	3
4 ounces-----:	0	1	1	1	1	2	2	2	2	3	3	3	3	4	4

(over)

Points Per Pound	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
5 ounces-----:	0	1	1	1	2	2	2	3	3	3	3	4	4	4	5
6 ounces-----:	0	1	1	2	2	2	3	3	3	4	4	5	5	5	6
7 ounces-----:	0	1	1	2	2	3	3	4	4	4	5	5	6	6	7
8 ounces-----:	1	1	2	2	3	3	4	4	5	5	6	6	7	7	8
9 ounces-----:	1	1	2	2	3	3	4	5	5	6	6	7	7	8	8
10 ounces-----:	1	1	2	3	3	4	4	5	6	6	7	8	8	9	9
11 ounces-----:	1	1	2	3	3	4	5	6	6	7	8	8	9	10	10
12 ounces-----:	1	2	2	3	4	5	5	6	7	8	8	9	10	11	11
13 ounces-----:	1	2	2	3	4	5	6	7	7	8	9	10	11	11	12
14 ounces-----:	1	2	3	4	4	5	6	7	8	9	10	11	11	12	13
15 ounces-----:	1	2	3	4	5	6	7	8	8	9	10	11	12	13	14
16 ounces-----:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15

Consumers' Counsel, Food Distribution Administration,
U.S. Department of Agriculture, Washington, D. C. CT-105
"LISTEN TO CONSUMER TIME," NBC, Saturday, 12:15 EDT